

Teen Budget Worksheet

Want to help your teens learn the basics of managing money?

Developing a budget together is a great way to start. Working through the process can encourage smart spending habits and help them create a savings plan they can track. Use this handy worksheet to get the conversation rolling.

EXPENSES FOR THE WEEK(S) OF

Personal	\$ Amount Budgeted	\$ Amount Spent
Gifts		
Clothing/Shoes		
Accessories		
Hair salon		
Mani/Pedi		
Gym membership		
Toiletries		
Cell phone		
Other		
Total		

Entertainment	\$ Amount Budgeted	\$ Amount Spent
Movies		
Gaming		
Concerts		
Music/Videos		
Hobbies		
Sports		
Other		
Total		

Food	\$ Amount Budgeted	\$ Amount Spent
School		
Snacks		
Eating Out		
Other		
Total		

Transportation	\$ Amount Budgeted	\$ Amount Spent
Car contributions		
Gas		
Uber/Lyft		
Other		
Total		

Giving	\$ Amount Budgeted	\$ Amount Spent
Donations		
Church		
Other		
Total		

\$ Grand Total		
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SAVINGS

Income (Weekly/Monthly)	\$ Amount Budgeted (Expenses budgeted from table above)	\$ Savings Goal (Income minus Amount Budgeted)	\$ Amount Spent (Expenses spent from table above)	\$ Amount Saved (Income minus Amount Spent)

